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MUGS







There's a lot to take in.

Although I'm a bit worried

that there are a lot of road

closures and I don't know

where I'm allowed to drive!

Putting up with the trolls on

Twitter! Ha-ha! Maybe for

services to Nuts or serving

the young men of Britain!

I'd get gold in that! Ha-ha!



EXCLUSIVE!

A quick word with Keith Lemon

Our moustachioed friend on Peter Andre, rapping with Wretch 32 and his brand-new reality TV show!



Hi Keith! You've got a new show, Lemon La Vida Loca.

What's it all about?

It's like Keeping Up With The Kardashians only there are only two bang-tidy people me and my girlfriend, Rosie. Played by Laura Aikman from Casualty and That Mitchell And Webb Look -TV Ed.] It's my life beyond Celebrity Juice, Lemon Aid and Keith Lemon: The Film, out 24 August. It's at home, with me. I've never had a proper relationship - it's all been one-night stands. The longest I've been out with a girl is two weeks. She said, "I love you," and I was like, "Right, get out!" Rosie has moved down from Leeds and moved in with me. I think it's been about four months and so far, so good.

Awww. How did you and Rosie meet?

We met at a youth club. I was 13 and she was eight, so

I didn't go there. I thought I'd wait till she had t*ts. She's got t*ts now. We used to have a bit of slap and tickle in t'pub back at Leeds. I said, "Why don't you move to London? Then I can bang you every day!"

Charming! Are you filling your days with interesting stuff to do on camera?

Not really. Unlike Peter Andre's reality show where if he's got nowt to do he'll go and face his fears and climb up a big wall. When I've got nowt to do, they literally film me sat watching telly. People might watch it and say, "It's boring as f**k. It's just you sat on your sofa with your bird. How come you're not finger-blasting her?" Because then it's a porno. It's weird watching it back. Normally I'm sat behind a desk giving Fearne and Holly grief. People might think I haven't even got legs. But as you'll see in this show, I have got legs. And I've got loads of other things, too.

Do you find it hard to remember to be Keith 24/7, if you know what we mean?

Not really, because I am Keith! I suppose you see a different side of me. I'm not always jumping around. I read on Twitter that I'm a dirty b*stard. All these birds write, "Will you smash my back doors in?" But I'm more romantic. I had an argument with Rosie so next day I apologised and bought her a bag of salad. That's all she eats – she's like a fitness fanatic, which is fantastic in the bedroom. Her body is tick, boy. It's tick!

You recently beat Andy Murray at a game of Swingball. How did that happen?

I'm the face of Adidas,
I represent the normal man
who doesn't have a six-pack
and has a one-pack. I was
playing Swingball with Andy
Murray on a roof in London.
I said, "Have you played
before?" He said, "Not really."
So I battered him.

Wretch 32 is in the same Adidas Olympic campaign and he told us you can't rap!

He said I can't rap?

Well, he said you just speak your mind, but also he said you're not very lyrical.

I thought that's what rapping is, speaking your mind, freedom of speech but while doing it to a beat. My perception of rapping's wrong then, I thought he was impressed with me.

Should there be more normal people in the Olympics like you, Keith?

People say, "Why don't you get normal people on Celebrity Juice?" I'm like, "What will it be called? Normal People Juice?" It wouldn't work. It wouldn't make sense. It'd be funny to do a p*ssed-up Olympics with normal people. That would be a fantastic idea.

With Chris Moyles quitting the Radio 1 breakfast show, would you take over?

I like the idea of doing a radio show but not that early of a morning. F**k that! He's in bed before Coronation Street! I'm a night hawk, me. I was out with Paddy McGuinness and when I got home the birds were tweeting. Doing the morning show, that's the end of going out, innit?

Thanks, Keith. Finally, you were recently voted the gayest straight guy on TV. Do you agree?

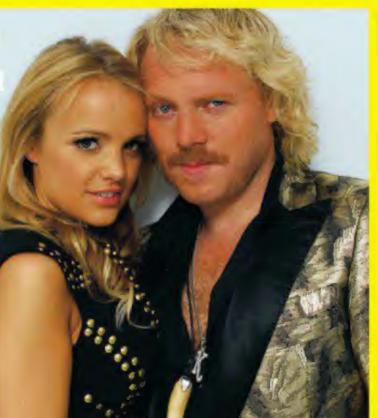
Yes, I f**king do! I'm very metrosexual. It's nice to have a gay following because they buy DVDs just like any other person. I suppose I am the gayest straight guy because I'm flamboyant and I like to look jazzy on telly. That's a good sound bite for you.

Lemon La Vida Loca starts
 on tTV2 on Thursday
 2 August at 10pm.

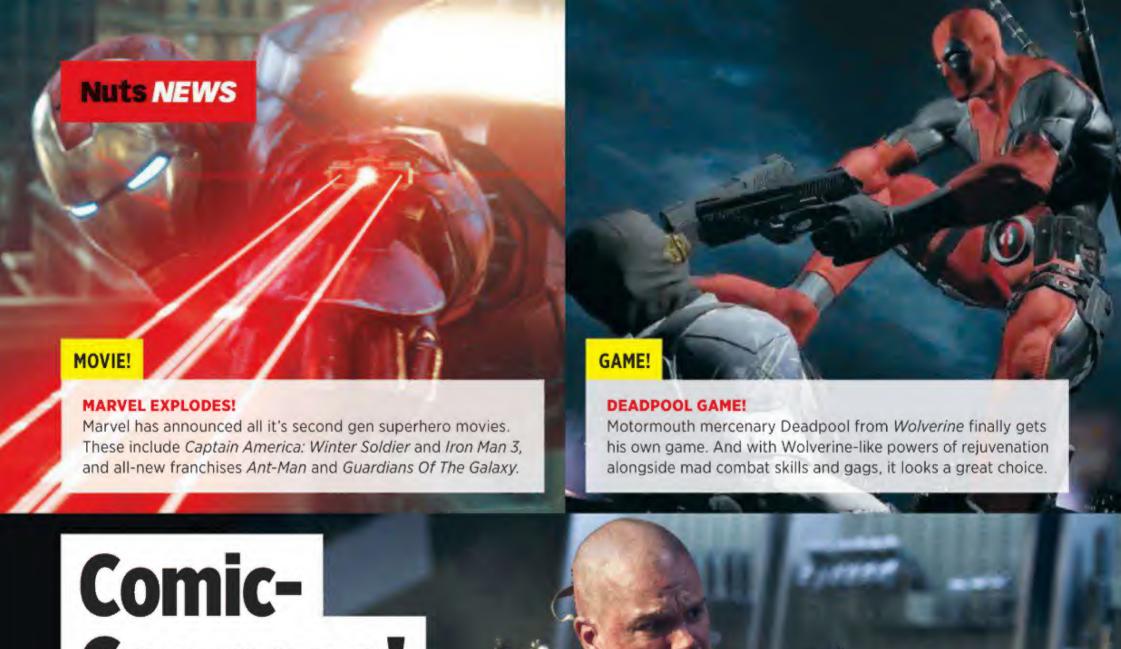
His lucky charm necklace had worked wonders

LEMON'S SQUEEZE!

In the first episode of Lemon La Vida Loca, Keith goes househunting with girlfriend Rosie.







Comic-Con news! Entertainment

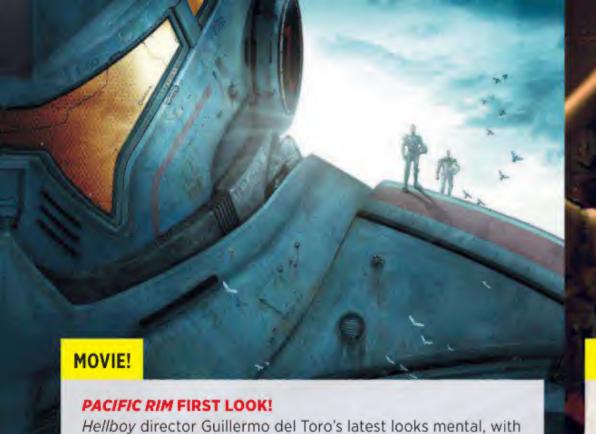
Entertainment news from the floor of the world's geekiest expo!

games show E3
look like a night
at the *Playboy* club, but
amongst the cosplay,
geeks and virgins, the
San Diego-based ComicCon always delivers
by the bucketload on the
TV and movie news.
Here's the pick from
the show floor of this
year's convention...









human pilots driving skyscraper-sized robots to fight the rampaging, giant monsters that have laid waste to Earth.



RETURN TO SILENT HILL!

With Silent Hill: Revelation 3D they're having another stab at the survival horror franchise, with most of the original cast returning. Including the nurses who still give us nightmares!



HANNIBAL SERIES INCOMING!

The cannibal is coming to TV. Weirdly, the psycho doc will solve crimes alongside FBI agent Will Graham. Graham won't know that Lecter (Mads Mikkelsen, above) is a mental.



ROBOCOP GETS A REBOOT!

The '80s movie is getting a refresh, starring Joel Kinnaman. It seems the original's wry humour and terrifying corporations will translate intact. Awesomely, this is the new ED-209.



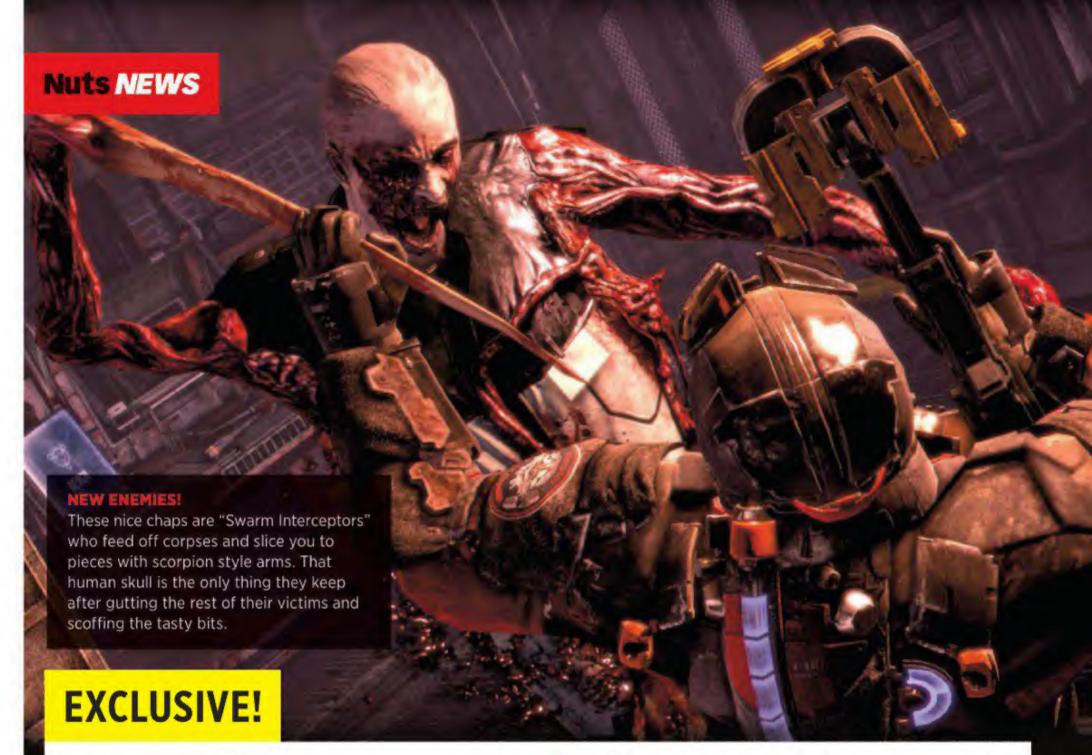
REVOLUTION WILL BE TELEVISED!

Audiences loved the pilot for JJ Abrams' new show, Revolution. It's set in a post-apocalyptic world where all electricity's been knocked out for 15 years. But one man might know why...









Dead Space 3 first play!

It's a world exclusive fingers-on with the third alien-shooting bum-emptier!

ALIEN SHOOTER

Dead Space is all
about tension, blood
and destruction and Dead

Space 3 brings co-op play to
the party. New military type

John Carver arrives to pull
heads off necromorph aliens

and we've just had the first play, ripping arms off the skeletal scum and blasting the glowing orange anus of a snow beast boss. It's not out till spring 2013 but we completed level two, restoring power to a space station, saw human corpses birth alien mutants and played with a rifle gun and disc launcher. "What the f**k is that?" says returning hero Isaac Clarke. Our thoughts exactly!







torema



We were there for the ace dust-up!



THREE EXCELLENT things happened

at the David Haye vs Dereck Chisora fight. 1) There was no nonsense from Chisora. 2) It was a top fight, and 3) the boys had a cuddle after.

OK, you can also add one more excellent thing - the Nuts logo in the stadium and ring. We were media sponsors and it made us very proud to be part of boxing history!









190mph Spanish supercar

Meet the utterly gorgeous Aspid GT-21 Invictus

- With visual flavours of McLaren's SLR from the side, Aston from the rear and VW's Scirocco from the front, details of the angry Aspid GT-21 Invictus have freshly broken cover.
- This is the second supercar from the Catalan company. The Invictus shares the same aerospace-grade aluminium chassis with its first creation, the 2008 Aspid Supersport - a car which was beautifully built but looked like the cellarliving child of a Caterham
- and Citroën 2CV that got drug banned from the Olympics.
- The Invictus is one of those cars you can't stop staring at. One minute it looks like an android robot, the next a futuristic flying machine. There are winglets and sharp angles everywhere. The open front wheels are especially mental, as there are no front wings. At the back there are Audi R8-style gills under the lights, with a massive comblike Aston DBS diffuser.
- Under the long, sprawling bonnet is a BMW V8 breathing

- out 450bhp, but Aspid hasn't specified which one. Judging by torque and power figures, we have a good hunch it'll be the same 3,999cc V8 as the M3, but with bhp up from 420.
- We hope this is true, because that stonking Beemer engine will shift a 1.6-tonne M3 to 62mph in 4.6 seconds.
- The Invictus promises to reach 62 inside three seconds. How? Because it tips the scales at less than a tonne. So it could really give Lambo's Aventador a run for its money both in looks and acceleration. Top end's around 190mph.
- between a six-speed manual gearbox, or the lightning-fast sevenspeed twin-clutch paddle system, as used in the M3.
- Instead of carbon ceramic brakes, the Aspid uses traditional steel discs. But the custom carbon-fibre steering wheel is more futuristic, with most of the control buttons and an infotainment display screen moulded inside. Trick.
- Aspid hopes to make up to 250 cars per year and begin production before 2014. With those side driver and passenger windows, we can't wait







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Bra problems!

100% REAL

recognise Danni

from hit TV show

Candy Bar Girls

on Channel 5

Whenever me and my girl get down to it she always leaves her bra on. We've been together for six months and I've probably only seen her boobs once. She's got a great pair so I don't understand why she's so insecure. What should I do?

ROLAND London

Do you compliment her on her breasts? Perhaps be more vocal about it. Instead of leading sexual intercourse towards the bedroom, insist on taking her into the bathroom. That way, if you share a shower she'll have to take off her clothes, including the bra. I suggest you run the shower first to steam up the room - this way she'll feel more comfortable. If you both enjoy passionate sex, try seducing her into the shower with her clothes on and slowly, while kissing, letting the items fall off.



Her mates can't stand me!

All my girlfriend's mates hate me. To be honest, they're all a bit stuck up. They keep telling her I've been cheating on her when I haven't and now she's told me she doesn't know who to trust. How do I get her to believe me?

TIMMY F Burnley

If you're not happy and feel mistreated, leave her. Acting with this bold attitude will have her running back to you. You mention that her friends are stuck up and by this you indicate you behave differently to them. Maybe it's because you're different that your girlfriend's with you. Make sure you show off your unique qualities!

My daft tattoo!

I went on a lads' holiday and had my girlfriend's name tattooed on my arm. It's freaked her out but I can't say it was a drunken mistake. Help! MAL via email

I advise you to have it covered over with another design or removed. It's always best to be honest and admit it was a drunken mistake. They say alcohol speaks the truth, so it's a compliment directed at your girlfriend. She may not admit

it but she'll secretly like it and remember it being there even if you get it removed.

She won't go down!

My girlfriend used to give great oral but hasn't been down there in ages. Should I mention it?

GS North London

Do you shower regularly? Hygiene is very important, especially with oral sex. Buy a fragranced body wash and let her scrub you down. Once out of the shower, allow her to dry you. Play out the scene imaginatively and she'll gobble your goodies all night long!

If you've got something to ask Danni, just email her at thelesbian@nutsmagazine. co.uk or write to her at the usual address on p66.



NEW SPECIALS CONTROLL COLLECTOR'S EDITION!

This summer, to celebrate the stunning ladies who grace the pages of Britain's biggest men's weekly magazine, we bring you *The Girls Of Nuts - SUMMER SPECIAL!*



ALSO AVAILABLE IN DIGITAL FORMAT WWW.NUTS.CO.UK/GIRLSOFSUMMER



Calamitous car collision leaves cyclist well and truly punctured!

UP bit of meat is the ankle of Nuts reader Jay Aubrey, who nearly lost his foot after a catastrophic car encounter while out on his bike.

"I'd been cycling for about seven or eight miles and was nearly home," recalls the IT technician from Cardiff.

smashed into my side, throwing me across the road!"

When Jay sat up to look at his leg, he was horrified. "My leg was parallel to the road but the sole of my foot was still on the ground. When I lifted my leg, my foot was hanging by a bit of skin with the bone sticking out!"

THIS MASHED- "Then, out of nowhere, a car At hospital, docs patched him up with 40 stitches, five screws and a metal plate for good measure! "Docs say it's going to take 18-20 months to heal because both the muscles and bone have to be reconnected," adds Jay.

> Proof that cycling might be good for the planet, but isn't always so good for your legs.

Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2012 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com

oremags.com

OUR NUTS



New balls, please!

Dear Nuts,
Here's Andy Murray hitting
his nuts trying to climb
over some chairs at the
Haye vs Chisora fight!
JORDAN via email

Oof! Still though, at least he's not the type to cry about it. Oh, hang on...





Witch way?

Dear Nuts,

My mate on his way to the shops!

CHIM Lanarkshire

There's a strong chance your mate might be Harry Potter.





Retro Nuts!

Dear Nuts,
Any chance you could send
us some 2012 issues? Our
2004 collection of *Nuts*mags is about the most
modern thing we have
around here, so at the
moment we're all looking

forward to watching Rooney dominate Euro 2004!

MATT BERR

9 Platoon, 2 Rifles, Helmand Province, Afghanislan

Mags in the post! In the meantime, all you need to know is England lose all the Euros, Obama becomes president and it rains a lot!

Work sucks!

Dear Nuts,
As you can see,
we do exactly
what we say
on the tin!
DAZ AND JUT

via text

EDITOR'S DECISION IS FINAL. TERMS & CONDITIONS ON PAGE 66 APPLY

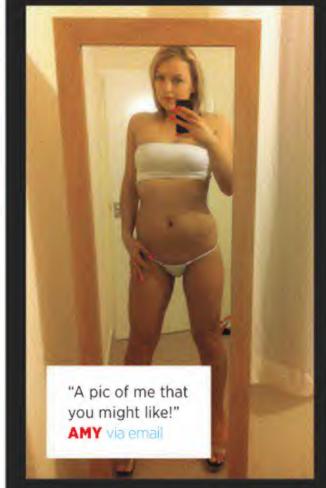
Wow, gents! We've got to admit you really do go the extra mile!



Camera phone cuties!

Send

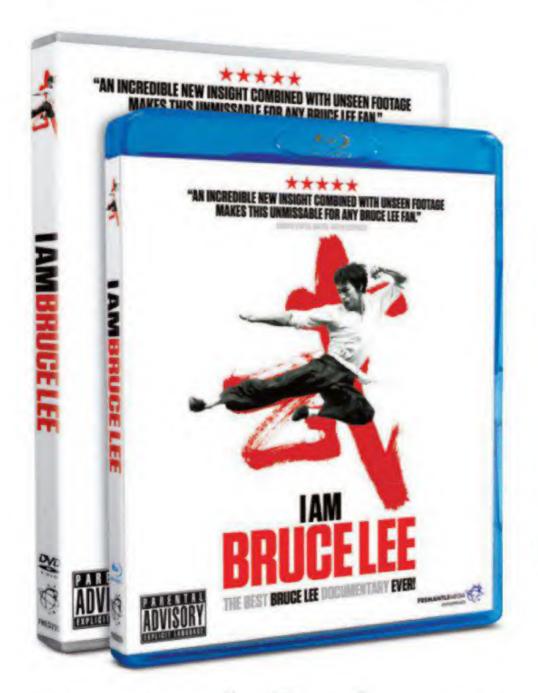
Text 'Nuts' and your sexy cameraphone pic to 0771 388 8008





Win Durex stuff!

Send your letters, hilarious spam pics and Camera Phone Cuties to: nutsletters@ipcmedia.com or post them to the address on page 66. The week's best letter* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various items to keep both you and your missus happy. Visit www.durex.co.uk for more info.





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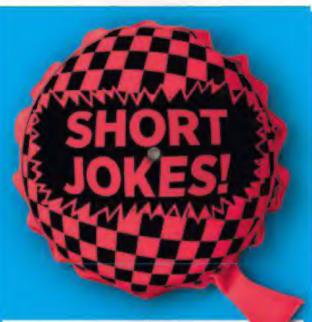






www.lambrucelee.com





Q: Who drives away all his customers?
A: A taxi driver!

KRIS via email

"I'm learning how to jive by strapping two iPhones to my feet – I'm calling it 'app dancing'!"

Q: What do hardcore gamers get from the

chip shop?
A: CoD and chips!

WILLIAM via email

Q: How did Jimmy Carr win the Tour de France? A: He managed to avoid the tacks!

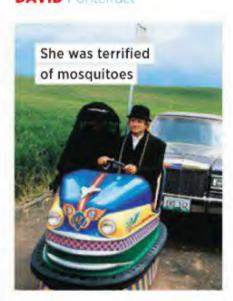
JOSH via email



50 Shades Of Play

Q: WHAT have 50 Shades Of Grey and a new toy car got in common?
A: They'll both drain the sh*t out of your telly remote control's batteries!

DAVID Pontefract





Match Of The Day

A BLOKE is sitting watching *Match Of The Day* when his wife comes into the lounge and suggestively says, "Fancy going to bed early tonight, love?"

The hubby replies, "After the football, love."

The spurned wife says, "You do realise that you can record it, don't you?"

The husband replies, "Nice! You get the camcorder and I'll come upstairs when the footy finishes!"

TED Hull

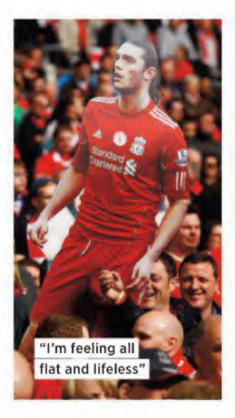
Silence is olden

AN ELDERLY couple were attending a church service. About halfway through the wife whispers to her husband, "I just did a silent fart! What do you think I should do?"

The husband replies, "Put a new battery in your hearing aid!"

JASPER via email





Goals to Newcastle

SO LIVERPOOL have failed to send Andy Carroll back to Newcastle? Well, that's Mike Ashley's 'no returns' policy at Sports Direct for you!

CHARLES via email

Win a PS3 and *Meeting Evil* DVD!



nutsjokes@ipcmedia.
com. The sender of
this week's best joke*
wins a Sony PS3 and
a copy of the intense
psychological thriller
Meeting Evil, out now
on DVD and digital
download courtesy
of Sony Pictures Home
Entertainment!**





Seen something daft? Snap it, send it in and win £100!



"I followed the street sign name

and got in trouble."

ANDY Amesbury

GROPE LANE

By Dick Bellringer

use the bins p

onvenience, a

"Could this be the greatest journalist name in the world?"

ANON via text

Win £100!

"I was bored. This was the result." ANON via text

Text 'Nuts' and your picture to 0771 388 8008 standard network charges apply*). Pic Of The Week** wins £100 cash! Terms

(texts are free but

& conditions on page 66.

NAFF TATS CORNER





"I let a friend tattoo me - it's because I'm from Grimsby."

STUART Grimsby



28 Nuts

twitter*

Tweets of the week!

Our favourite tweets from the fit and famous!

O Follow

HEIDI KLUM

The model provides us with a lovely view.





LUCY PINDER

Sadly, we weren't invited to this party.





JOEY BARTON

It's not often the QPR hardman looks wet.



Got caught in a monsoon...

ARIANNY CELESTE

Yet more bikini brilliance from Ms UFC!

ONLY IN

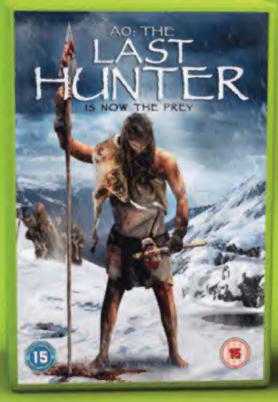




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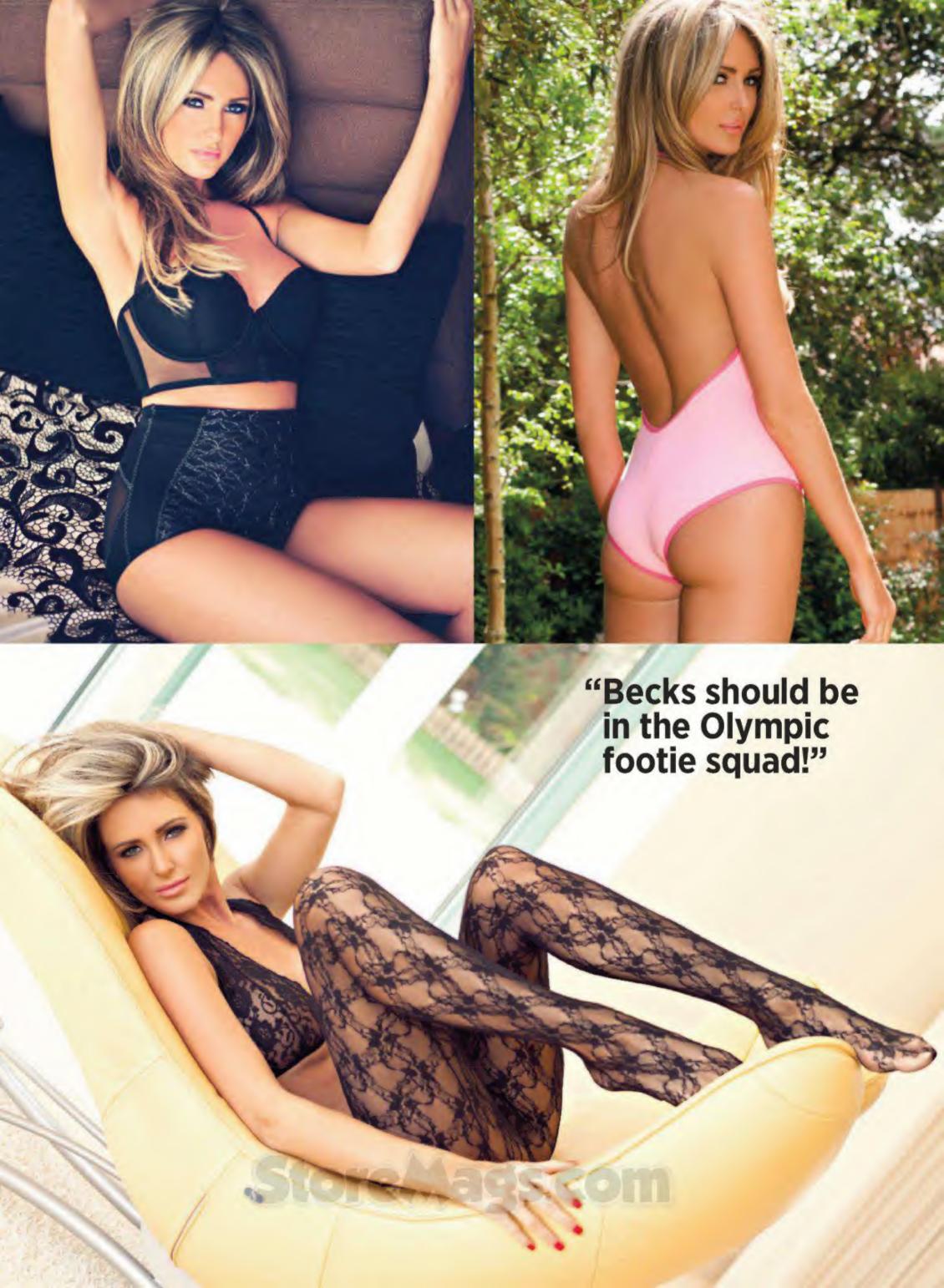
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find online & pick up in-store two hours later

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i Georgina! How does it feel to be appearing in Nuts for the first time? Hello! It feels so exciting and new and I'm especially happy as it's such a popular mag.

We don't see enough of you in *TOWIE* - what are you up to when you're not being filmed? I've been busy with work, concentrating on my property business - reconstructing houses and stuff.

Is modelling new to you?

Yes, it's all very new to me. I'm the new face of Littlewoods, too, which makes me proud.

Your fella Tom Cleverley is in the GB Olympic football squad. How exciting is that?

Tom being in the Olympic squad is very exciting. I'm really happy for him, although I feel David Beckham should have been picked after all the promotion he did.

Do you go in for the proper WAG lifestyle?

Ha-ha! I don't know about this term "WAG". If you mean WAG in the cynical way, then no, I don't. But if you mean a wife or a girlfriend of someone in a particular job, I guess I am.

What's a typical night out with you and your friends?

Oh god, I love a night out with my girls. I always like starting the night early, getting ready with a few drinks. We could end up anywhere!

Are all girls from Essex as pretty as you?

Of course! There are a lot of pretty girls in Essex, but there are pretty girls everywhere.

Thanks for the chat, Georgina! Finally, what are your plans for the rest of the year?

I have lots of things in the pipeline. It's very exciting and you'll find out soon!



 TOWIE is on Sundays and Wednesdays on ITV2 at 10pm





i Russell. Your new show, Brand X, is totally unscripted. Do you ever

> watch yourself back and think, "What the hell was I talking about?"

I like to improvise, be spontaneous. I don't think, "Hey, why don't I talk about getting p*ssed on?" I just do.

You were also in Rock Of Ages recently. Did you enjoy snogging Alec Baldwin?

I didn't properly put one on him down his neckhole. I've snogged women before in films. I don't even bother doing any acting. If you fancy them, you think, "Hold on a minute! I'll just kiss this person." Cuts down on the acting. But Alec Baldwin is a big, hairy cupboardful of masculinity. By the time I had to kiss him, we'd developed a friendship and rapport. So I didn't put my tongue in his mouth.

What are your tips for the perfect snog?

Don't lunge in like a drunk stinking of cider. Let the moment linger. Get right close to their face, create real tension and then... go at it like a fish.

We've heard lots of bonkers stuff about Tom Cruise. What's he really like?

Remember he's just a normal person. I went to his house. I was meant to be there for dinner at eight, but in Rock Of Ages, there's this monkey, this f**king baboon. When I read the script, it didn't go, "And then a monkey turns up." But Tom Cruise went, "Let's put in a monkey!" No one has said no

for dinner round Tom Cruise's house.

What happened?

I got there at ten. I texted him to warn him. "That f**king monkey that you love so much..." - I didn't swear - "...has been incorrigible." By the time I'd got there, they'd finished dinner and the table had been cleared. I had to eat a three-course meal in front of Tom, Katie Holmes and Suri Cruise. I had lasagne, which was really difficult to eat and got in my hair.

You recently did a show with the Dalai Lama. How was that?

My driver thought we were meeting a bloke called Darrell Llama. [Does impression] "What time have we got to meet Darrell Llama?" "About ten." "Do you think he's going to want any food?" "Yes, just get him a Cornish pasty or something." Ain't that funny? I wondered if he was going to do small talk. "Come here on the train, did you, mate? Have a cup of Virgin tea?" You know me, I was bound to say something f**king mad.



Talk us through your new tattoos. [Points to arm] This is Krishna. Seventy per cent of the universe is unclear. It's f**king miles and we can't f**king see it. All we see is a narrow spectrum of ultraviolet light. There are all sorts of energy we can't see yet. We need to tune our heads away from the frequency of idiocy and fear, and form a glorious utopia, set up by me. [Points below And this one is West Ham.

Do you still speak to Katy Perry?

I can understand you're curious, but we were married and I loved her. She's a person who I care about so I have to be careful what I say. She's still out there in the world somewhere.

Thanks, Russell. One last question: is there anything sexually you wouldn't do?

I had it off with these sisters. On their own, I wouldn't have bothered. They may have been lying but the whole sister thing raised the game. I realise now I have a different moral template to most people. It's not like I'm doing it with my own sister. It's not incest. I haven't got a sister!

Blimey! Anything else to confess?

I used to go to Reading to have sex with fat prostitutes. They were brilliant. I'd hang out with them afterwards and hear all these mad stories. One guy would put knickers on, get in the bath, sh*t himself and go, "Nanny, I've been a naughty girl, I can't go to nursery." Imagine when he has to explain what he wants! "Well, first I'll put your knickers on, then I sh*t myself and..." Ricky Gervais phoned me up before we really knew each other and I told him that story, 'cos he's from Reading. He went, "I've got to go, see you, bye." That quickly. I thought we'd never be friends after that!

 Brand X is On Sky Atlantic every Monday at 10.35pm.



30 AMAZING SPECIAL SPE

The maddest things you'll ever need to know about the Games!

Diving star **Tom Daley** was criticised earlier this year when he joined team-mates in recording a spoof dance video for LMFAO's *Sexy And I Know It*. The clip has almost a million hits on YouTube to date!

The new Aquatics Centre for London 2012 cost £269million to build and was inspired by the streamlined shape of a stingray.

As per tradition, the **Olympic flame** was lit using a curved mirror
and sunlight in Olympia, Greece,
70 days before the start of London 2012.

The

Olympic

rings
represent every
country in the world.
Every nation in
the world contains
at least one of
the five colours –
blue, yellow, black,

green and red -

in their flag.

GB badminton star Chris Adcock ditched girlfriend Gabby White for a new mixed-

doubles partner.
But it's worked
out for him as
he and new
team-mate
Imogen
Bankier have
made the Olympic

team. What's more, Gabby has stuck by him!

The word Gymnasium means "school for naked exercise".

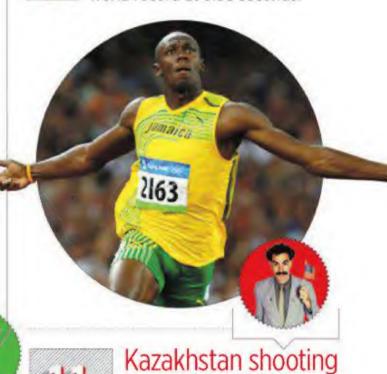
Free condoms
have been
available in
Olympic villages since
Barcelona in 1992. An
estimated 150,000
condoms will be provided
in London by Olympic
sponsors Durex.

A whopping 682 tonnes of seafood will be consumed during the Games in the athletes' village.





Jamaican sprint sensation **Usain Bolt** holds the current 100 metres world record at 9.58 seconds.



champion Maria
Dmitrienko's gold
medal presentation turned
into farce at the Asian
Championships when the
wrong anthem was played
during the prize-giving
ceremony. Instead of the real
Kazakh national anthem,
a parody tune from **Borat**was used by mistake.

London is the first city to host the Olympics three times – in 1908, 1948 and now 2012.

Water from the swimming pools at London's new Aquatics Centre will be reused to flush the toilets of the Olympic Park. Don't worry, though - the pools don't smell of chlorine as 13 high-tech filters will clean the water.

Organisers have warned that streakers will be fined p to £20,000 at London 2012, so don't get any ideas!

Medals at London 2012 will

weigh 400 grams, the same weight as a tin of Heinz soup, but somewhat more valuable!

London 2012 will see the first **GB** football team since 1960, when a team of amateurs, including a fishmonger, a joiner and a dentist, competed in Rome but were eliminated in the early stages.



More than 2,100 medals will be presented across 302 ceremonies this summer.

Wimbledon will host the Olympic 26,400 tennis balls will be used.



The youngest Olympian ever was **Dimitrios Loundras**,

a ten-year-old Greek gymnast who took part in the 1896 Athens Olympics.



Over 200 buildings were demolished to make way for the new Olympic Park in Stratford, East London. Items found on the site ranged from a rare Roman coin to 3,000 year-old human remains.



The Olympic Park covers 500 acres, the same size

as Alton Towers.

Uruguay have the longest of all national anthems at London 2012. lasting six-and-a-half minutes. Here's hoping they don't win too many golds!



The platform height used in the Olympic diving competition

is ten metres - taller than a three-storey house. Don't bottle it, Tom Daley!

The tallest ever Olympic athlete was China's basketball star Yao Ming, who stands at an incredible 7ft 6.



Gold medals haven't been pure gold for a century. The 1912 Olympics was the last time that gold medals were solid gold. Ever since, they've been silver with gold plating.

Sprinter **Dwain Chambers** was banned from athletics for two years for testing positive for a banned substance, a period that included an ill-fated career in American football. He'll lead Team GB's charge in the 100m at London 2012

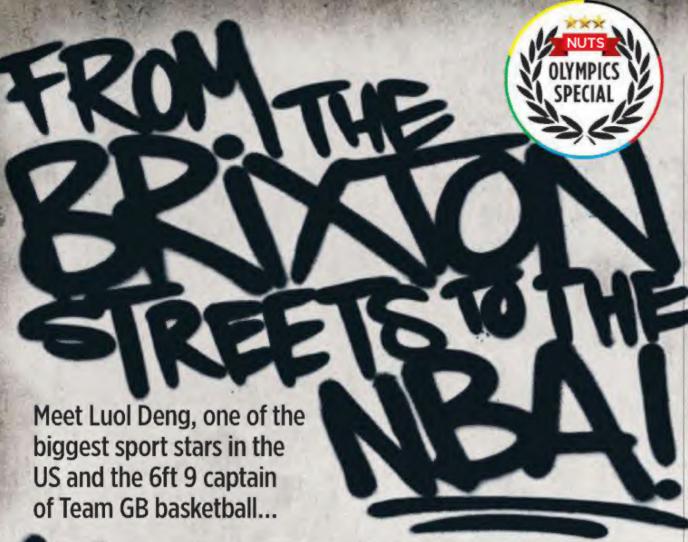
Superstar Dutch horse Moorlands Totilas has changed allegiances and will compete for Germany in the Equestrian at London 2012, after German nobility bought the rights to the horse for a world record €15million.

Fifteen cubic metres of water per second will rush down Lee Valley's 300m water canoe slalom facility.

Zara Phillips will represent Team GB in the equestrian at London 2012 and will stay in

the athlete's village alongside everyon else. At least she has the option of popping to her nan's down the road at Buckingham Palace for dinner, though.

Applicants for tickets to the women's beach volleyball were 65 per cent male. Wonder why?



i Luol. What do you remember about your life growing up in Sudan? Children just a little older than me were being drafted into the Army. My father worked for the government, so it made him a target. I was young, but the sound of gunfire was something you'd hear every day.

Did your move to London affect you?

It didn't at the time as I was young but, looking back, it's clearly changed my life. When I arrived, it was like arriving in the future! Everything looked so different from Sudan. Britain looked after me and my family, and that's why I'll always consider myself British and why I'll always call England home.

You're 21 now. What do you remember about growing up in Brixton?

That all the boys played football! When they were at school, when they got home, at weekends. That's how I made my friends. It's a little sad that maybe I wouldn't have made friends if I hadn't been a good player, but that's the reality of being that age.

Do you still go back there and if so, what sort of reaction do you get?

I do go back as it played an important part in my life. Jimmy Rogers, who was my coach at Brixton, was one of the most influential people in my life, and I met some great people there. The reaction's great and it's humbling that Brixton ask me to put my name to bings they're doing in the community.

When did you realise you were going to choose basketball over football?

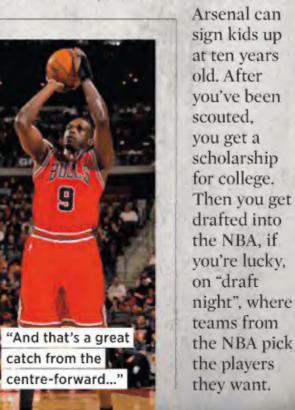
Football was always my passion and I was good, but my brother made me also go to basketball training. By the time I was 14, I was 6ft 7 and I had to start taking basketball seriously but even at that age, I preferred football.

What are your memories of playing basketball in the UK?

It was how competitive everything was, even in training nobody wanted to lose. It's the British mentality to hate to lose, and that shaped me for later on in life. I made some lifelong friends – it was a great time for me.

You moved to the US when you were 14. How did that all happen?

You get scouted at High School, but it's not like here, where Man United and



Did you ever get homesick?

Of course, but I just bought a bigger house in Chicago so all my family can stay. It's not my style to spend lots of money or to look flash, but I wanted a house where we could all live together.

Is it strange you can walk down the street here without being recognised?

In Chicago, most people know who I am but when I'm back in London, I can go and get dinner or go shopping and the only reason people stare at me is because of my size. I love not being recognised at home.

If you were to walk down the street in Chicago, what would the reaction be?

The Bulls are so big in Chicago, and it is kind of difficult to go out sometimes. People stare, or they stop and talk, or they want to take photos. I always want to make time for fans, but it makes doing regular things impossible.

How does it feel to be a Brit in the NBA?

There was a time when being a non-American in the NBA was a big deal,



nationalities I think. It's moving forward, like the rest of the world.

Does it bother



you that you've never gained more appreciation for what you've achieved in the US over here?

Not at all. When I first

arrived in the UK all the kids played football and I don't see that changing. If you look at somebody like Clint Dempsey, he probably doesn't get the appreciation he deserves in the US.

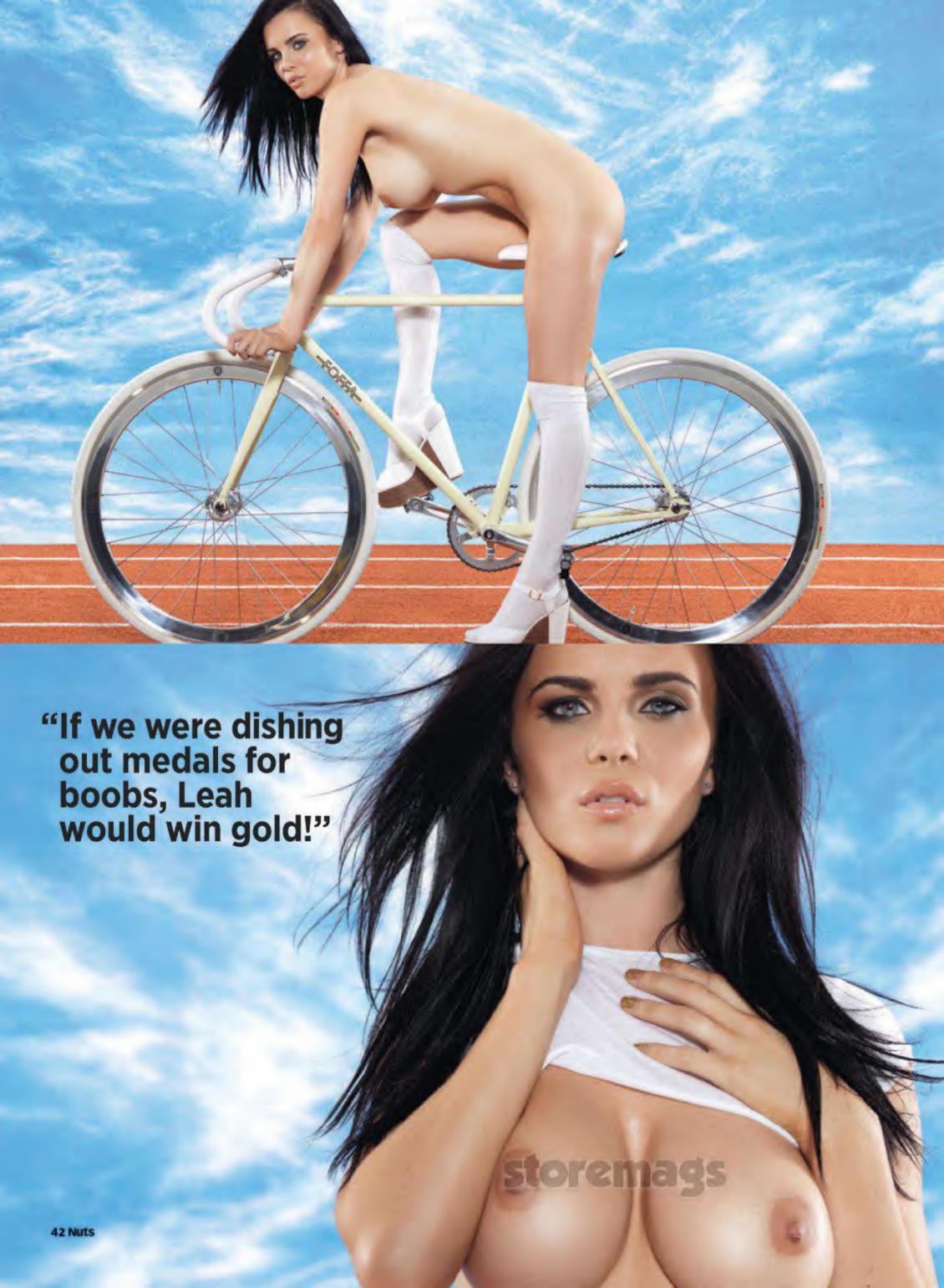
Thanks, Luol. Finally, with just one NBA player in the GB team, where can we expect to finish in London 2012?

You go to the Olympics wanting to come back with a medal, and that has to be a real target. What I want as much as anything is that it acts a real springboard for the sport in the UK, and while football is always going to be number one, I hope we see a lot more kids playing basketball.











i Emma! Have you had fun today?
It's been wicked!
I've been very excited about meeting Lucy
Collett, and I'm pleased to say that she's awesome. It's great to have a feisty redhead in Nuts.

Does that mean she's the sportiest girl here?

She's been very good at the basketball today. Lucy has good ball skills – it's official.

What have you enjoyed most about our boob Olympics?

All the props! I got to use a javelin, a hammer and a hockey stick. Best of all though, I got to have a go on a proper racing bike. That was just awesome.

Did we see you enjoying a spot of nude cycling earlier?

Ha-ha! I'll have some quite intimate bruising after this shoot. That saddle might just have been made for a man. Blokes, I feel your pain!

Would you be any good at any of the Olympic sports?

Not that good. Maybe if I had to do a few roly-polies. I might be good at that! I'd also be good at the three-legged race, the number of times I've walked a drunken Rosie Jones home!

Do your boobs deserve an Olympic medal?

Yes, but my bra should get one for the sheer strain of its daily life. If we're dishing out medals for boobs today, I think Leah would get gold and Lucy would get silver. You've really got some busty beauties today!

Cheers! Finally, then, which everyday event could you turn into an Olympic sport?

Jägerbombing would be an awesome Olympic sport. I'd get silver, Jones would get gold! ▶







i Lucy! How are you enjoying today's sporty shenanigans?
It's amazing!
We're all oiled up, and I'm just admiring Emma Glover's amazing athletic legs.
This is the most active our boobs have been on a shoot!

Are you a sporty person?

I am, kind of, but I like my chicken nuggets too much.
Most forms of exercise have to go out of the window, or else I'll end up hurting someone with my boobs.

Do you like sporty blokes?

I do actually, yeah. It's not essential, but a bloke who's into sports is normally a lot fitter and, more importantly, is likely to have very good stamina.

What's your sport of choice?

I really like to watch cricket. It goes on all day and you can just sit, chill out and drink the day away. I'm normally smashed by the time it finishes. It's very British.

How excited are you about the Olympics?

I'm looking forward to it and cheering on Team GB. I'm probably going to throw a little Olympic games party.

Do you think it would spice things up if they did certain sports in the buff?

Yeah, that'd be pretty funny, wouldn't it? Imagine everything flopping about everywhere.
The TV audience figures would go through the roof.

Thanks, Lucy. Finally, would you consider streaking at the opening ceremony?

Oh, definitely! I have to admit, I'm a bit of a secret streaker, so the Olympics might be a good opportunity for it!







iya Holly! How
do you like our
boob Olympics?
Hello! I love it!
Today's been
great fun and
all the girls have huge boobs.
Especially Leah Francis, I
couldn't stop touching them!

What's your favourite event?
Gymnastics is the most fun to watch, the stuff they can do is amazing. I love Tom Daley as well – he's too cute.
I'll be showing him my support from the comfort of my own living room.

So you like Mr Daley. Do all your chaps have to be buff?

Not at all! I'm more interested in their face and personality – body comes last. The first thing that attracts me to a guy are his eyes. I really like a guy with tattoos, too.

Is sport a turn-on or a turn-off?
Sport is definitely a turn-on.
There's nothing wrong with

a guy who has great stamina – you never know where else it might come in handy!

Are you more of a sprinter or a marathon lady in the bedroom? I'd say a marathon lady, but it depends on my mood at the time. I prefer a guy to take his time and not skip the foreplay.

What event would be even better if it was done naked?

Sprinting would be funny. I wouldn't dare streak. I can't run without my boobs in a really good bra or else it just gets dangerous!

Finally, which *Nuts* babe would you give a medal to?

I think Leah deserves a medal for carrying hers around every day. They're pretty impressive! No one on the shoot could take their eyes off them.







i Leah! Are you enjoying our boob Olympics today? Hello! It's cool, thanks. When you told me
I was doing the boob Olympics, I thought, "I'm going to need a better sports bra!"

Are your boobs getting a good enough workout?

Oh yes. I've been jiggling them around all day. I almost gave myself a black eye at one point. There are boobs bouncing about all over the place!

How sporty have your fellow Nuts babes been?

Everyone's a bit on the hyperactive side. It'd be too hard to pick out one girl for special praise, although Holly's boobs never fail to amaze!

Are you excited about the real Olympic games?

I am. I'm into my horse riding, you see, so I'll be watching the dressage religiously. The equestrian events are always good for seeing the boobs bouncing up and down!

Could we pull off a pair of those tight, white jodhpur thingies?

Ha-ha! Of course you can! I do like to check out the men and their tight bottoms. There's nothing sexier than seeing a hot man on a horse.

Can you invent us a sport for the bedroom Olympics?

I'd like to see something like a bedroom riding competition. My thighs are built for riding and clamping, so I'd be in with a shot at a medal!

Finally, what about your boobs, do they deserve a medal?

Oh hell, yes! They deserve the heavyweight champion gold medal because they're just so big!



Nuts STUFF

The week's best TV, movies, games, fashion, music and tech!



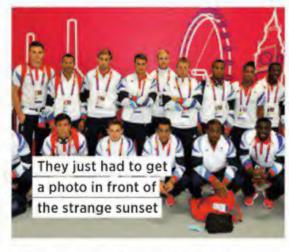
Friday 27 July



Arsenal vs Man City

ESPN • 1pm

Don't go getting too excited – it's only a friendly in Beijing, acting as little more than a chance for Arsene Wenger and Roberto Mancini to put their squads through their paces. But still, Arsenal vs Man City? During the close season? Yes please!



Olympics 2012 Opening Ceremony

BBC ONE/HD • 9pm

We wouldn't be too fussed about this, but it's cost a huge £27m to put on, been produced by Danny Boyle and promises lots of unmistakably British themes. Makes you proud!



The Angelos Epithemiou Show

CHANNEL 4/HD • 10.35pm

Everyone's favourite carrier bagwielding weirdo welcomes the legendary former footballer Paul Gascoigne to his couch. That should make for interesting viewing. *Nuts* favourites Rizzle Kicks also pop in and do their thing, which is fine by us.



QUANTUM OF

ITV2/HD • 10.30pm

While making QOS, Daniel Craig needed treating for several injuries including stitches to his face and six surgical screws in his shoulder.



Saturday 28 July



CSI: Miami

CHANNEL 5/HD • 10pm

Considering our favourite ginger bloke very nearly bit the bullet last week (hold fire there, H - you've only to last until the end of this series) he's back on form tonight. Horatio's investigating the death of a male hooker. Yup, if you can't get a job these days, there are ways of earning money. But you might end up dead.



Mad Mad World

ITV1/HD • 10.15pm

Take Me Out's resident goon Paddy McGuinness takes another poke at some of the world's silliest television shows alongside team captains Rhys Darby and Rufus Hound. Guests actor Jo Swash, comedian Charlie Barker and former Pussycat Doll Kimberly Wyatt (above) are pretty much there to laugh at everyone else's jokes.



The Debt

SKY MOVIES PREMIERE/HD •

10.30pm

Smart thriller in which Helen Mirren plays a retired Mossad agent who, alongside two other agents, hunted and killed a Nazi war criminal in 1965 (told through flashbacks). It's 1997, and it looks like things might not have gone as they thought when a man shows up claiming to be the evil Nazi.



MEN'S ROAD CYCLING

BBC ONE • 1.15pm

Here's the deal – we sit in front of the telly with a beer while Mark Cavendish slugs it out on a bike, aiming for gold in the men's cycling road race. Yep, suits us!



Sunday 29 July



The Simpsons

SKY1/HD • 6pm

Homer's mouth actually gets him somewhere for once when Bart uploads a recording of his dad ranting about the treatment of passengers by airline staff. The video's popularity gives Homer his own political show, he's soon in the good books of the Republicans and they let him pick their next presidential candidate!



Great Britain vs UAE

BBC THREE/HD • 7pm

Having played Senegal, and with Uruguay to come, this should be Great Britain's easiest Group A test by a distance. Throw in the fact it's at Wembley and Stuart Pearce's men should have one foot in the quarterfinals come the final whistle.



Family Guy

BBC THREE • 11pm

American football-headed baby Stewie's new friend Scotty falls ill and passes out. The Griffins take him to hospital where they disagree with his Christian Scientist parents, who don't believe in modern treatments, instead relying on "faith" as medicine. Prepare for a disturbing scene where Peter wishes he was Kate Middleton!



Monday 30 July



Alan Partridge's **Mid Morning Matters**

SKY ATLANTIC/HD • 9pm

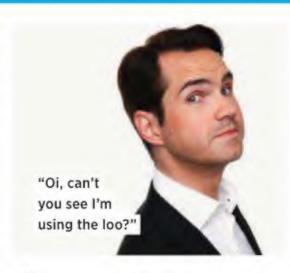
We're finding this re-run (it was originally shown on the web a couple of years ago) even funnier than some of the classic Partridge shows. We don't think we'll ever get bored of it! ****



Snakes On A **Plane**

FILM4/HD • 9pm

Samuel L Jackson is simply awesome as a smooth-talking, snake-slaying cop on a sabotaged plane. This cult classic does exactly what it says on the tin, and chucks up belly laughs and cringeworthy gore in equal venomous measure.



Jimmy Carr: **Being Funny**

CHANNEL 4 • 10pm

Yes, yes, he may have legally diddled his tax returns, but it doesn't mean Jimmy Carr's not funny. And he's back with a brand-new one-off stand-up show. With loads of new gags and some cracking heckles, you're guaranteed laughs from this.



BBC THREE • 9am-2pm

MEN'S 100M BACKSTROKE

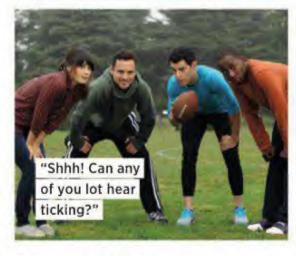
BBC ONE • 7.56pm

First up, catch hot girls, then hopefully cheer on Liam Tancock in the men's 100m



Tuesday 31 July

New issue on sale today!



New Girl

E4/HD • 8pm

It may be a Yank sitcom centred around a lady (albeit the lovely Zooey Deschanel), but we assure you this is totally bloke-friendly too, and that's mostly thanks to the genius character Schmidt, who's like your funny best mate who gets everything wrong. Well worth watching, plus it also stars Hannah Simone. Google her!



Falling Skies

FX/HD • 9pm

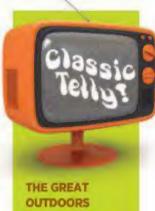
This might not be a standout episode, but it's definitely very interesting as we discover some crucial info. There are three types of alien, which we assumed were all invading and working together, right? Not right! One type are being harnessed and taken captive like the humans. Now, doesn't that blow you away?



CSI: Crime Scene Investigation

CHANNEL 5/HD • 9pm

And as one CSI returns, another nears its end. With just two episodes left, things start to unravel for Texan CSI Nick - a perp he sent to jail years ago has his conviction overturned due to a corrupt cop. It's up to the team to put this baddie back behind bars.



ITV4 • 7.15pm

A classic comedy that's likely older than you, but it'll Dan Aykroyd and John Candy (RIP) star, as does as a bald bear, which is as funny as it is bizarre.



52 Nuts

Wednesday 1 August



Great Britian vs Uruguay

BBC THREE • 7pm

The Welsh contingent of the GB squad should feel at home tonight, what with Great Britain's final Group A game coming from the Millennuim Stadium in Cardiff. So, all set up for a successful night then, eh? Luis Suarez and co may well have other ideas.



Celebrity Bedlam Vexed

E4/HD • 9pm

Meet comedian Lee Kern. The unsuspecting celebs in this might not recognise him, but they'll never forget him after he royally takes the mickey out them including convincing Big Brother winner Brian Belo he's been cloned and about to meet his very own clone, who's basically a zombie Brian. This is pranking at its best.



BBC TWO • 9pm

This detective comedy from the bloke who brought us Misfits met with a mixed reaction in its first series, but we're happy to give it the benefit of the doubt as series two kicks off. Lazy DI Jack Armstrong (Toby Stephens) is back, but now he's paired with a new partner - ambitious rookie detective Georgina Dixon (Miranda Raison).



WOMEN'S 4X200M **FREESTYLE** RELAY

BBC ONE • 8.57pm

If all has gone to plan, expect the Great Britain team - including Rebecca Adlington to be in this. 4x200m freestyle final and winning gold. Easy!



Thursday 2 August



Lemon La Vida Loca

ITV2 • 10pm

With his film and book coming soon, 2012 is the year of the Lemon. This new "reality show" gives us a rare glimpse into Lemon's personal life. It's being described as a cross between Keeping Up With The Kardashians and I'm Alan Partridge. Can't wait!



England vs South Inception

SKY SPORTS 1/HD • 10.30am

As much as we're enjoying the Olympics, you can't beat a bit of bat-swinging of a summer's day. The second Test begins at Headingley and this could be pivotal in England's bid to remain world number one as there's only one more Test after this.



SKY MOVIES SCI-FI/HORROR • 9pm

With no escape from sport (unless you're asleep and dreaming) why not check out Christopher Nolan's epic dream-invasion thriller? Leonardo DiCaprio, Tom Hardy and Joseph Gordon-Levitt are thieves who can enter the mind through their victims' subconscious. A nice escape from the Olympics, if you're looking for one.



WOMEN'S TEAM SPRINT

BBC ONE . 5.50pm

MEN'S TEAM SPRINT

BBC TWO · 6.10pm

Cycling hottie Victoria Pendleton aims for gold first, then flick channels to see Chris Hoy attempt the same!



Nuts

MOVIES



but the story of '70s

SEARCHING FOR **SUGAR MAN**

27 July • 12A Yes, it's a wordy rock documentary

singer Jesus "Sixto" Rodriguez from the Oscar-winning makers of Man On Wire is truly aweinspiring. It starts in South Africa where, unknown to him, the Mexican's music sold millions and he was bigger than the Rolling Stones. It's a corker and will leave you a fan of the man and his music. ★★★★

THE MAN INSIDE 27 July • 15 Taut Brit thriller about a young McGuigan refused to boxer trying to accept he was too break free from old for a comeback his dad's gangster past. Also starring Michelle Ryan. ★★★

DVD & BLU-RAY





WILD BILL

DVD & Blu-Ray • 15 Belting British crime drama that's well worth your time. "Wild" Bill Hayward

returns home after a stretch in jail to find his missus has done a runner and left his two young sons to fend for themselves. When his youngest gets into trouble with local gangsters it forces Bill to become a dad again, of sorts, and risk going back inside. Includes a brilliant fight scene. ★★★



MUSIC



FRANK OCEAN

CHANNEL ORANGE

It was intriguing that R'n'B man Frank recently came out as bisexual. Sadly, his debut of snoozesome soul isn't as interesting. ★★★



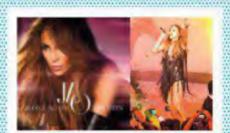
GASLIGHT ANTHEM HANDWRITTEN

You know the deal by now big, vaguely punky stuff of the type that sells by the bucketload in America but sounds a tad tired here. ***



PLAN B **ILL MANORS**

The album to accompany the film. This is more hip-hop than Strickland Banks, Kano and Labrinth help out on an instant classic. ★★★★

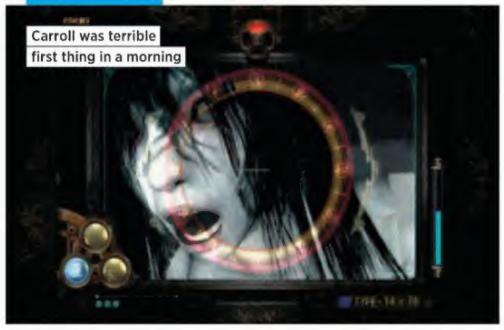


JENNIFER LOPEZ DANCE AGAIN: THE HITS

OK, she always needs her rapper mates to help. but J-Lo has cranked out some decent dance-hop singles in her time. ★★★

RATINGS: ★★★★★ Genius ★★★★ Very good

GAMES





PROJECT ZERO II WII EDITION

Nintendo Wii

You'd think a game based on someone walking around a

house taking pictures would be a bit pedestrian. But add spooky

Japanese settings and the pictures snapped being of ghosts (the camera is your only "weapon") and it gets proper creepy. This is a new version optimised for the Wiimote and if played with the lights off is truly unsettling, Really, ★★★★





GAUGE

Pag iPhone Strange, but entertaining app has you tap a

button to keep a gauge in a sweet spot, while the game does all it can to distract you. ★★★





MCPIXEL

Mac. PC

Half stop-bombexploding game, half slapstick show, you

solve puzzles and interact with others, usually in a silly, kick-tothe-nuts way, ★★★



GPS NAVIGATION 2

If you're a) a bit skint and b) lacking in direction skills, for a mere £1,49 this satnav a) will save you a few quid and b) really works. Result! ****



GOOGLE TRANSLATE

Download this then, when you head off to foreign climes on your hols, speak into it and get translations. Pretty handy. ★★★★



Have a pint on us!

It's our round down at Walkabout...

We've teamed up with Walkabout to offer Nuts readers a free pint! Don't miss a minute of this summer's sporting action - book a table at your nearest Walkabout, have a pint (or two) and enjoy! And to top it off, if you buy next week's issue of Nuts as well, we'll give you another free pint!

To claim your first free pint of Carling, fill in this voucher and take it to your local Walkabout before the end of the week. Visit www.walkaboutbars.com to find your nearest venue. Please drink responsibly.

Home of the Austrone Spirit of Australia

Nuts Free pint voucher

Voucher 1

Name:

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PLEASE TICK THIS BOX IF YOU DO NOT WISH TO RECEIVE PURTHER

TERMS & CONDITIONS: PRESENTATION OF ONE VOUCHER ENTITLES ONE READER TO ONE FREE PINT OF CARLING OR ONE FREE REGULAR GLASS OF DRAUGHT PEPSI, DIET PEPSI OR LEMONADE AT ANY WALKABOUT BAR IN THE UK EXCEPT FOR TEMPLE, BARNSLEY, DONCASTER, GLASGOW & COVENT GARDEN OFFER VALID BETWEEN 12PM AND 8PM FROM 24 TO 30 JULY 2012. OFFER ONLY OPEN TO PEOPLE AGED OVER 18 (PHOTOGRAPHIC ID MAY BE REQUIRED). ONE YOUCHER ONLY PER APPLICANT, NO CASH ALTERNATIVE. NOT TO BE USED IN CONJUNCTION WITH ANY OTHER OFFER, NO PHOTOCOPIES ACCEPTED THIS OFFER IS ONLY AVAILABLE WHILE STOCKS LAST PRODUCT MUST BE CONSUMED ON THE PREMISES. MANAGEMENT RESERVES THE RIGHT TO REFUSE ADMISSION. PROMOTION ORGANISED BY INTERTAIN, TRADING AS WALKABOUT, ROWLEY HOUSE - 2ND FLOOR, SOUTH HERTS OFFICE CAMPUS, ELSTREE WAY, BOREHAMWOOD, HERTS WD6 1JH. USUAL NUTS RULES APPLY.





Can you win the jackpot?!

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1. Log on to www. nutsgames.co.uk. 2. Deposit £10 (and we'll give you £20 free*). 3. Pick Deal or No Deal slots! Betting on all 20 paylines gives you 20 chances to win on each spin, as well as the chance to play the Deal or No Deal bonus game.

How to play

- The aim is to get winning symbol combinations from each spin of the reels, with the ultimate target being the Progressive jackpot.
- Choose your coin size (up to 20p on each of the 20 paylines) before you play.
- Click the number beside the reels, or the "Bet One" or "Bet Max" button to select the number of lines you want to bet on.

The jackpot

- The Progressive can only be won on the Deal or No Deal bonus, but you can win cash on other bonus games Banker's Offer and Mystery Box Bonus, too.
- The Deal or No Deal bonus game only begins if you bet on all 20 paylines and get three Deal or No Deal bonus symbols on any payline. This plays like the TV show, but with the Progressive at stake.





Meet some of our *Nuts* Games winners!

He won £79,319!



Gareth Balso got lucky playing Deal or No Deal! "What a great

time to win all this money! Couldn't believe it - thank you so much for this!"

He won £11,168!



lan T won the Tiki Temple jackpot! "It's been a great win and I've just started planning

how I'll spend my winnings. I have a few ideas and I simply can't wait to get spending!"

He won £171,715



Mark S won big with Deal or No Deal slots! "This is so surreal. I can't

believe that I've really won, all from a £10 deposit. I'm still in shock!"

He won £41,244!



David B cashed in on Tiki Temple "It's been an amazing win.

I'd been playing here and there, and managed to win the progressive! Big thanks.

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SOUNDS GREAT The 16-speaker sound system is mounted behind the screen.

Bose Videowave II TV

WANTED FOR

Nuts says: A flat-screen TV that incorporates Bose's incredible surround-sound speaker system. One lead links to a DVD, Blu-ray and CD box with iPod dock.

£5,500

Nike CTR 360 Maestri III boot

www.nike.com/nikefootba

Nuts says: In time for next season, Nike's new midfielder's boot has been re-engineered to deliver enhanced control, traction, support and lightweight comfort.

£150

Philips Uptown

www.dell.co.uk

Nuts says: Aluminium structure, memory foam cushions and air quilted headphones mean these fit as well as they sound.

£90

Denon D-M39DAB

www.denon.co.uk

Nuts says: Denon's micro hi-fis are legendary. Perfect if you've got small space, a budget and want to play iPods, CDs and DAB radio.

£700



Only 210mm wide and

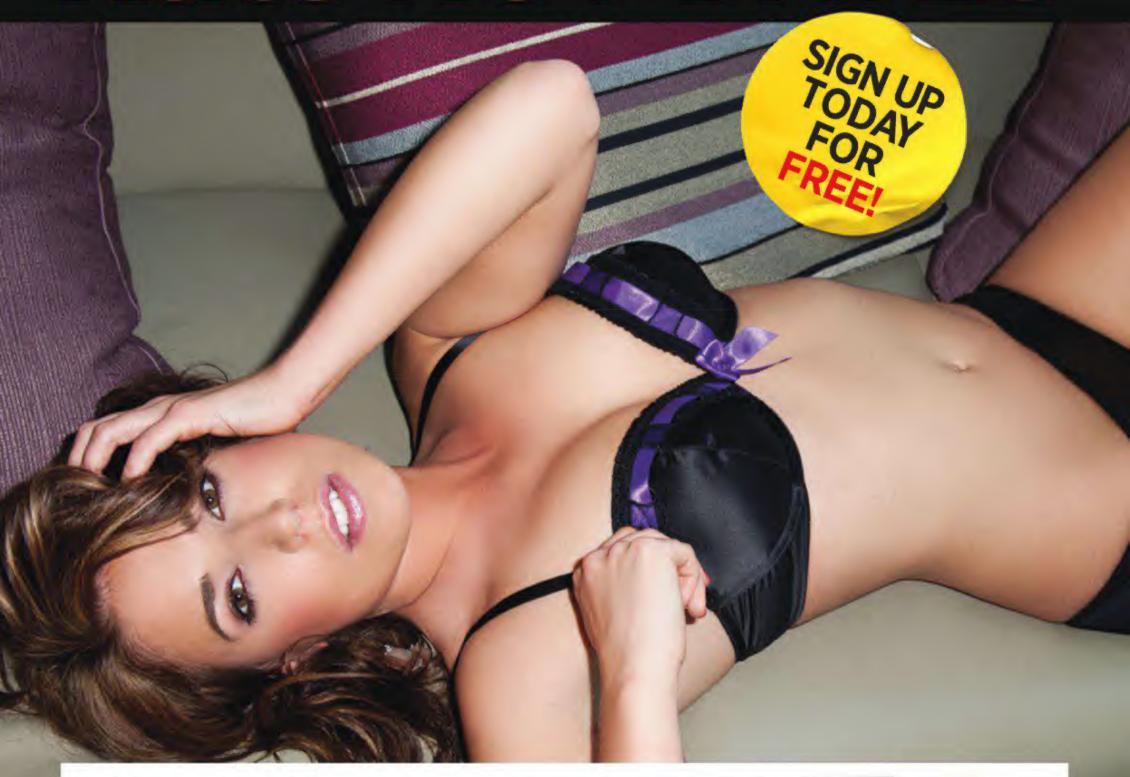
spits out 60W of noise.

Remote iPod

DENON

310mm deep, it still





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Guitar

"Ideally, I'd like a '50s FENDER BROADCASTER but they're ridiculously expensive. I just play a Telecaster and pretend."



Motorbike

"DUCATI 748, the Ferrari F40 of motorbikes. I stopped riding them because I was convinced I was going to kill myself."

Holiday destination

"We went to AYIA NAPA to play a gig and have a holiday, thinking it would be cheesy and horrible, but it was beautiful and amazing."



TVshow

"I never tire of *TOP GEAR*. I know the repeats word for word! I spun my TVR at 100mph and spent months rebuilding it. They need a real petrolhead on like me."



ONLY IN

Fashion Iabel

"FILA is Italian and made quite small, so it always fits bang on. It always looks good, they keep it simple."



Stuff I like!

Car

"I own a SERIES 3 JAGUAR
E-TYPE. It's not the best car I've
ever driven but it's got so much
feeling and history. It's f**king
fast for a 40-year-old car!"



Film

"TOP GUN has fighter

jets and the best

soundtrack. The song

Danger Zone is the best

song ever. It made me want to go out and buy a red motorbike."

Food

"I love a good curry. I love a MADRAS, but with none of that rice. Rice is for girls. I prefer just to get stuck in with a plain naan."



we played on the roof at Wembley at this year's FA Cup final. I didn't care who won – I was more worried we'd be struck by lightning!"

 The Enemy's single, Like A Dancer, is out now.



Drink

"A fresh COCA-COLA from the fridge hitting the back of your throat is pure ecstasy. I'm addicted to the stuff. I can't stop drinking it!"



Nuts 61







BEDROOM BABE

VOTE

Pick your winner – and she'll star in *Nuts*!

Alex

20 Liverpool "I love my blokes to be open-minded!"

Amelia

22 Teesside

"Sex is a great way to keep a good figure!"

Jessica

21 Nottingham "People love my peachy bum!"

Alexis 25 London

"I really enjoy experimental sex!"

Vote now!

The winner gets her own **Bedroom Babes shoot** in a future issue of Nuts!

Choose the girl you think is the hottest, go to www. nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. Simple!

Ladies! Send your photos to Real Girls UK, Nuts, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 OSU. Or email nutsgirls@ipcmedia.com. You must be over 18.

PREVIOUS PAGE PHOTOS: PAUL MUSSO STYLING: SARAH COOK HAIR & MAKE-UP: JO ADAMS



And a real girl to answer them!

XXX

Hannah

22 Liverpool

Where's the strangest place you've had sex?

"There was one time when we ended up going at it on the kitchen table – that was a lot of fun!"

What's your trademark move in the bedroom?

"I really like jumping on top of the other person and passionately kissing them from head to toe."

3 "I always get really turned on by a man with

4 What's your favourite position?

a toned bum."

"I think it's best with the guy on top so I can watch everything."

5 is it better to give or receive?

"It's always good to give, of course, but receiving



is something else altogether, so I prefer that."

6 What one thing would you really like to try but haven't yet?

"I'd love to have sex on an aeroplane – I think that would be really cheeky. Everyone wants to join the Mile-High Club, right?"

7 Ever got it on with another girl?

"I'm afraid not. I can definitely appreciate a gorgeous girl but they're just not for me."

8 What's your favourite role-playing costume of choice?

"I like to wear a sexy naughty nurse outfit in the bedroom."

Have you ever made a sex tape?

"No. What I get up to in the bedroom is just for me and my man to know. Who knows where it could turn up in the future?"

10 What's the rudest thing you've ever done?

"It's far too rude to put in the magazine, so it'll have to stay for me to know and you to wonder!"





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Racy revelations from our female readers!



'We did it on the beach'

LAST SUMMER my boyfriend and I spent the day on a gorgeous beach in Cornwall. It was busier than I'd hoped but it was so hard to keep my hands off of his hot body. After a day of saucy looks and sly fondling it all became too much. The beach had emptied a bit by late afternoon, so we took the opportunity to get frisky. We popped up the windbreak and I straddled him, pushed aside my little bikini bottoms and slid onto his hard c*ck. He teased my nipples with his teeth while I rode him and he came almost immediately!

Anon via email

'I fondled my boobs'

I WAS at a house party but didn't know many people there. As a result, I'd drunk rather a lot of alcohol to make me feel less shy. Someone suggested playing some games and
"I have never" got under way.
It came to my turn and I
announced that I'd never had
a one-night stand. A handsome
chap looked at me and giggled.
I thought he was taking the
mickey out of me but then he
winked at me. He got up and
left the room and the alcohol

inside me told me to go and follow him. I found him in one of the bedrooms. Things got passionate pretty quickly as he ripped off my clothes and started kissing me all over, playing with my big E-cup boobs. I was gagging for it and as he entered me from behind while rubbing my clit, I started fondling my boobs. It was the rudest thing I've ever done!

Victoria via email

ONLY IN

'Frisky on the forecourt'

I WAS driving late at night when I needed to stop off for some fuel and to pump some air into my tyres. There was a really hot guy using the pressure pump. He was older than me but had rippling muscles and gave me the sexiest smile. I walked straight over to him and asked if he needed help with anything. He let out a dirty laugh and we both stood there for a second staring at each other. He pulled me towards him and in an instant we were snogging passionately. He was rock hard and I was wet. He opened the car door and I pushed him down onto the seat. I had his jeans open in seconds and my lips and mouth around his manhood. He was able to reach down and play with me before we heard shouting. It seems the forecourt manager wasn't happy with what he saw! **Alex Scunthorpe**

SHARE WITH OUR SECRETARY! Ladies, got a saucy secret you can't keep to yourself? Send your sexy story to our Lou!

'I realised I like girls'

AFTER LIVING with my flatmate for a few months. I realised I fancied her and wanted to experience kissing and touching a woman. I knew she'd been with both men and women so one night I raised the subject. After chatting quite openly, she caught me staring at her breasts. I gave her a smile and she moved her hand delicately across my thigh. I could feel myself getting wet as she slid her hand further and further up my leg. I felt so naughty and in no time she was stroking the outside of my knickers, so I pulled them to the side and she pushed her fingers deep inside me. I was shaking with pleasure as her fingers rubbed my clit and before I knew it I was climaxing. We now experiment most nights! Leanne Bristol

Win £50!

Ladies, send your raunchiest confessions to louise_prior@ ipcmedia.com or to the address on page 66. The best one each week* wins £50! Come on, girls!

Nuts SPORT



MO FARAH 5,000m & 10,000m • Saturday 11 August. 7.30pm (5,000m) & Saturday 4 August, 9.15pm (10,000m)

"Understated Mo lets his running do the talking. Competing against the Kenyans and Ethiopians will be tough, but he has two bites at the cherry and he might get both."



BEN AINSLIE Sailing, Finn Class • Sunday 5 August, 2pm "Already a triple Olympic champion, Ben threw his toys out of the pram not long ago in the World Championships, blaming the press, but win a fourth successive gold medal, in his fifth Olympic Games and it's arise Sir Ben."

Kriss Akabusi's ones to watch

Britain's cheery former Olympic medallist on who'll be going for gold at London 2012!



THREE-TIME Olympic medallist and UK athletics legend, Kriss Akabusi, reveals his British tips for the top, as well as those foreign stars who'll be lighting

up the 2012 Olympics.

Good luck, chaps!





PERRI SHAKES-DRAYTON 400m Hurdles •

Wednesday 8 August, 8,45pm

"Most of the UK don't know her, yet she's an outside chance of medalling. She's focussed and could surprise herself, so if you're a betting man, bung a fiver on her."



PHILIPS IDOWU Triple Jump • Thursday 9 August, 7.20pm

"Flamboyant Philips has been around and this is his last-chance saloon, but he has everything in his locker - dynamic, quick and coordinated. I've got a good feeling for him. He's capable of a world record and jumping out of the pit. Boom, hang time!"



JESSICA ENNIS Heptathlon • Friday 3 & Saturday 4 August "In the past year, Jessica lost both her indoor and outdoor world crowns. However, world-class across so many events, she'll gather all her strength and I believe she'll break the world record and be one of our golden girls."



VICTORIA PENDLETON Cycling, Team & Individual Sprint •

Thurs 2 August, 6pm (Team) & Tues 7 August, 5.26pm (Individual) "Returning for her third Olympics, the reigning champion knows that her reputation's on the line. But she's a steely competitor and it'll take a tough rival to beat her."



CHRISTINE OHURUOGU 400m • Sun 5 Aug, 9.10pm (final)
"She false-started at the World Championships last year
and discipline may be her Achilles heel. But she's reigning
Olympic champion and an East End girl running in her own
back yard, so I fancy her as an outstanding prospect again."



with a busy summer again and could get the ball rolling."



ALISTAIR & JONNY BROWNLEE Triathlon •

Tuesday 7 August, 11.30am

"These guys have been phenomenal, I see them both on the podium. Alistair has been the man for a long time, but the gap's closed and I wouldn't be surprised if Jonny has his glory day."



DAI GREENE 400m Hurdles • Monday 6 August, 8.45pm "After 20 years, it's great to have a steely British competitor in the event that I called my own. I feel Dai's going to have to break the British record to medal, but as current world champion, he's able to bring his best when it really matters."











I REALLY am unbelievably excited about the Olympic football. I'd have been even more so if David Beckham had been involved, but he's not there so we just have to

After the disappointment of the Euros, people are downbeat about national football. Normally our players just can't seem to perform the way they do in the Premier

cheer on the boys who are.

League at a national level, so it'd make a nice change to do well in the Olympics.

I'm disappointed that Argentina aren't there, with the likes of Lionel Messi, but it's great that football is getting such a high profile. The squads are very strong and the players we're going to see will be brilliant.

It's ridiculous that the Olympic organising committee have taken so

many tickets off sale because they couldn't flog them. They should be given out to the community. This is a oncein-a-lifetime tournament!

As for our chances of bagging a gold, you never know, but I think we'll all have to base it on the performance in the first game and take it from there.

I also think we should get behind Stuart Pearce. OK, I think it was a poor decision

to leave David Beckham out -I don't think there would be any empty seats if he were involved - but we can't judge Pearce before a ball's kicked.

Whatever happens, I'll be getting along to as many matches as possible.

 Send jokes, comments, pics etc to kammy@ ipcmedia.com. The best one each week wins a signed Nuts T-shirt!



RYAN GIGGS (GREAT BRITAIN)

AGE: 38, MIDFIELDER

"What a servant to the game. He deserves the honour of the captaincy. Winning the competition would be a fitting tribute to him."

IKER MUNIAIN (SPAIN)

AGE: 19, WINGER

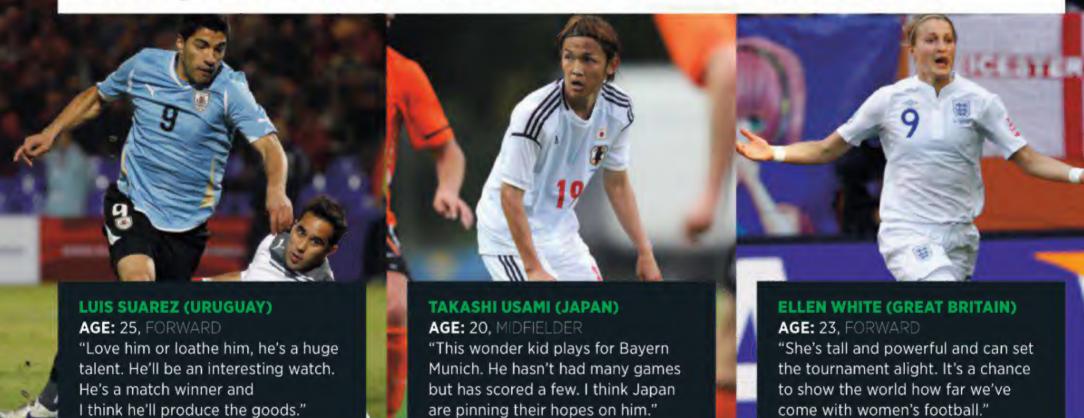
"He's good with the ball and possesses superb quality. I think he's another player Spain can add to their fantastic repertoire."

NEYMAR (BRAZIL)

AGE: 20, FORWARD

"Pele described him as the greatest player in the world. He's quick, strong and skilful. I think people will look forward to seeing him."

Kammy's ones to watch! Our man in the know tells us who to keep an eye on...



ONLY IN

SON SUCKETT & STEPHEN GULBIS

...some sort of technology for the referees is going to be essential...to see if the ball crosses the goal-line...







Nuts SPORT

Swemags com

Nuts about sport

Funny goings-on in the wonderful world of sport!







It's a special moment when two guys can share an ice bath, like Man City's **EDIN DZEKO** and **VLADIMIR WEISS** here. Looks like it's too much for some to handle, though – found something interesting, Edin? Let's hope Mancini doesn't walk in.



Eyeing up a cheeky move to AC Milan, eh, CARLOS TEVEZ? You little winker!



ADAM JOHNSON preparing Tevez for more tussles with the gaffer.



Just when you thought **CARLOS** couldn't get any more handsome!

STOTE SPORT

"Quote me on that!"

This week's biggest match debaters!

"Hearing that I'd made that World Cup squad was like a Lassie film where the dog runs with its arms out"



"David Haye is a fresh egg"

Dereck Chisora is rubbish at name calling.



"The one thing you want is discipline and intelligence"

Steve McClaren.

"Without a doubt I'm English. English. English born and bred. But I'm Turkish. And I'm Antiguan"

Colin Kazim
Richards
basn't a clue.

"I always say when someone is champion, they deserve it. But we gave the title to City"

Doesn't sound like they deserve it, Patrice Evra.

"Real Madrid have got too many exploding heads" Graeme Souness spots a flaw.

OO-ER SOUNDS A BIT RUDE C O R N E R !

"If you're not careful, you can often find yourself sliding into the line judge's box"
Commentator
Jim Courier prepares to get stuck in.

"Danny Garcia has got a big weapon"

Boxing commentator Jim Watt explains the big shorts.

"It's good to sometimes get it out"

Wimbledon champ and "flasher", Roger Federer.





Tell us what you really think!

- Nuts is recruiting for a reader panel where you'll have the chance to join us to talk about all things Nuts!
- We'll be running a series of surveys and focus groups so that we can hear your opinions. If you've read Nuts or visited Nuts.co.uk, then you're qualified to join!
- Register today and we'll be in touch to get you and other readers along to meet the team at our London HQ or in your home town.
- Those who attend will be in the running to win prizes or collect cash for their time, so why not?!

REGISTER TODAY AT WWW.NUTS.CO.UK/PANEL



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www.ilovekandi.co.uk





Nike Sportswear Air Epic Vintage - Shaded Blue / Sunlight

Retro Runners are one of the key looks this season and this example from Nike ticks all the boxes. Featuring distressed details for a lived-in look and retro feel, the Nike Air Epic Vintage Trainer is made with modern cushioning for a comfortable ride. Available online now £70

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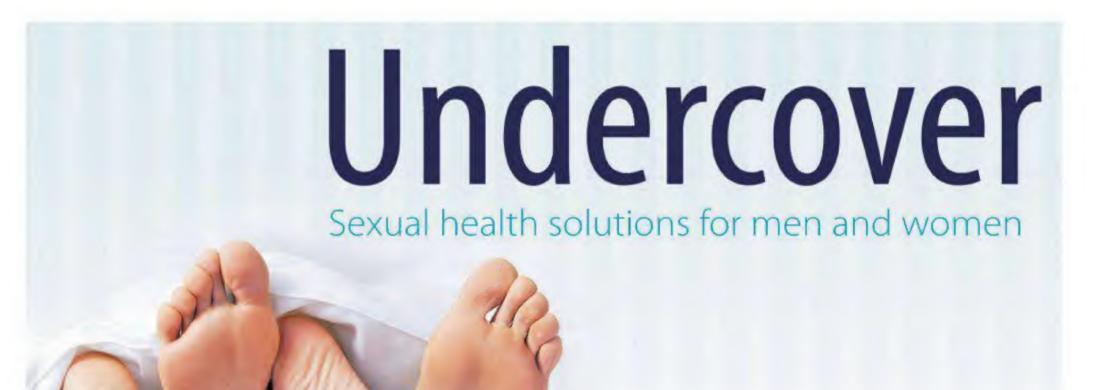
Nike Sportswear Blazer Mid Vintage - Worn Blue

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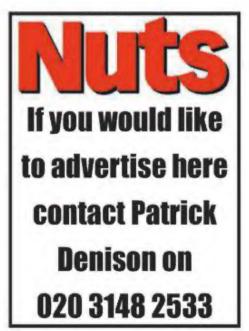
















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London Fun loving easy going blond experiened woman 44 looking for younger man for fun. I'll text you TEXT- hookjill to 68889

UK - Just divorced busty curvy older woman 56 wants younger guy 18+ for fun.

Text me please x TEXT- hookmari to 68889

Yorkshire -Fun loving girl looking for fun. GSOH curvy, easy going. I'll text you hot photos Looking to hook up Photos too. TEXThooklotti

68889

Wales/UK









UK/Wales. Photos to text TEXThookkath 68889

Cardiff - Wales 18 years old. Single. Size 8. Blonde. 5lt 3. wants fun- She'll text you

TEXT- hookhell to 68889

Sheffield - Black woman looking for in. 30 years old. PHOTOS. TEXT- hookshar to 68889

um 4 billed messages per reply): plus see GLASGOW Older woman 45 divorced wants fun with younger guy TEXT- hooknancy to 68889

Polly 44 Single. Blond. Looking to hook up with a man any age. I'll text you not PHOTOS of me.

TEXT- hookpolly to 68889

London - Divorced 37, very naughty Desperate for fun. Lives alone. Looking for sexy hook ups. Photos/ videos available TEXT- hookred to 68889

UK - I'm like Samantha from Sex and the city - and my name is Samantha!!! TEXThooksamantha to 68889

Wales sexy woman seeks a man who will please her whenever she wants. No strings. PHOTOS - really hot nes to see.. TEXT-

hookcarol to 68889

Scotland- 45 year old woman just divorced. Cougar wants fun with a guy my age/or younger/older.

TEXT - hookellen to 68889

100% Real people replying -not a computer

Newcastle UK -43 I am a naughty divorces looking for fun. Very Teminine and vomanly. Slim. I love having fun. I'll text you PHOTOS.Please text me! TEXThooksand 68889



Midlands/UK-54 year old woman just wants fun with a guy my age/or rounger/older. Nice looking fit blond. Photos.TEXT - hookdyan to 68889

UK SALES REP

Naughty hot East Midlands South East England- Experienced cute girl woman38 seeks younger man. Man any age/race OK. I travel UK a bit too. looking for fun TEXT- hookteale to 68889 with PHOTOS -Northwest England 21 year old cute gir

that will make you very hot X TEXThookupimo to

68889 Manchester Steph, Just 40 just ivorced looking for fun with younger PHOTOS

TEXT- hooksteph to 68889 South West England - Naughty blond

PHOTOS I'll sms you (smoking and more!) TEXT- hookhope to 68889

Lancs- Busty blond sexy 20 looking for fun PHOTOS. TEXT- hookmeg to 68889

Essex Sexy 23 years old wants fun ny age/race for action! . PHOTOS to send

TEXT- hookjess to 68889

Postcode Match. Text NUTS followed by your postcode to 68889 for a match. Text swap to try a



Fun loving Easy to please busty girl 19, nearly 20. **PHOTOS Videos** TEXT-

to

68889

Wants fun!! **PHOTOS first** if you like. TEXThooklu 68889

Lancs area

18 years old,

Edinburgh Sexy Selina 38 wants fun PHOTOS to send you TEXT- hookselina to 68889

This is the Best UK fun mobile intertainment service we know of!

POSTCODE MATCH! USE YOUR MOBILE PHONE TO CONTACT HOT EASY WOMEN BY TEXT to 68889 Text NUTS followed by your postcode to 68889 (for example NUTS E1 9PI) & see who replies -Get photos and hook up....Text SWAP to swap to a diferent women 25p in. £1.50 per recieved billed sms text.

UK Travel rep. Anywhere uk ok



to 68889

Kent/Essex/ London Saucy easy going blond Looking for fun hook ups. Can be discreet. . I'll text you PHOTOS 1st. TEXThooksteph

68889



Costs Only 50pto join (2 x 25p) then Just 25p a text to 68889. £1.50 per text received (Maximum 4 billed messages per reply)





Want postcode match? Textnuts followed by your postcode to 68889

for a match (Text swap for new match) Only 50p to join (2 x 25p) just 25p a text, £1.50 per text received

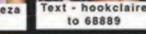


Text - hookleeza to 68889

Text - hooktasha

to 68889

GLASGOW UK









ext - hookjoy to 68889



to 68889



to 68889

ext - hooknat to 68889 UK/MIDS



to 68889



Text - hooktina to 68889



Birmingham/Midlands

to 68889

Strictly 18+. Just 50p to join (2 x 25p) then only 25p for all sms text messages sent to 68889 & £1.50 per received sms text from 68889 (Maximum 4 billed messages per reply, including photo/video exchange). 2 automated billed messages pay for 1 photo or video sent in or out. Only 100% real people replying - not a computer. Not a subscription service. Photos are for display purposes. For entertainment/role play/fantasy purposes only. You need a wap enabled phone or browser to be able to view photos. Contact your network for possible download charges. You must be 18+ and the bill payer or have bill payers permisson. Adult text service only. No meeting made or implied. Please see the full virtual hook up service terms at www.britishfunfinder.com Results guaranteed in that you will receive a reply. Virtual fun only offered by text. Sexy hookups via your mobile. You may need to remove your adult barring. if you have not removed your adult content bar you will be assigned and matched to a random persona. By using the service you are confirming you are 18+ & agree to the virtual operator led service t&c's at www. britishfunfinder.com B Talk London WC1N 3XX Customer care- 08458388647 or help@ailapptext.com Text swap to swap to a different hot persona with photos. Text stop to 66669 to end service. 18+ only.

THOTASSEY WITH MAUGHTY GIRDS



MATURE LADIES Hot sexy rated ladies who are very eager to please you! Very dirty and naughty we would love you to call xxx

0909 897 2053



SWEET 18'S

Very adventurous and lovely hot fit tight bodies looking for men of all ages who love anything really dirty. Call them x

0909 897 2038



SINGLE MUMS

Lush bodies and filthy minds when you want to get fully excited then just call - You'll love it! x Get hot satisfaction right now

0908 145 0576



SEXY & MATURE

OPEN ALL HOURS 24-7 Experienced ladies - do you want it hard and fast - Just call us to get the best get off in the UK XXX

0909 897 9111



40+YR SHARON

Divorced and sex mad will give you pure relief every time - Total satisfaction X-rated time xxx Real hot extreme relief!

0909 897 9416



POSH TOTTY

Naughty posh girls looking for a bit of rough. Get down and horny with hot nympho's with class. Call now for hot relief!

0908 145 0580



STUNNING FIT SEXY BLONDES

Very sensual 100% genuine & really up for it always horny & ready to get you off - Ring now

0908 145 0581



ON THE PULL

Girls who adore horny guys looking for a quick fix with some totally adult relief. Feel the pleasure and call xxx

0908 145 0575



SEXY CHAV BABES

Give the very best relief mutual excitement now! Try us now & we will fulfill your dirtiest hot naughty fantasies fast!

0908 145 0579



MIND BLOWING

YOU'LL TOTALLY LOVE IT Naughty girls at home just looking to hook up with guys for the ultimate quickle session anytime!

0909 897 9412



SUPERFAST RELIEI

Are you ready to enjoy yourself cheap horny live get off, girls desperate to relieve you & their own urges xxx

0909 897 9442



HOT FETISH BABES

STRICT LADIES who love to be obeyed! Be controlled if you can handle it call now immediatley. Let them use their big toys on you!.

0909 897 0888



FANCY A REALLY FILTHY TIME?

Filthy babes behaving badly looking for x-rated fun from these horny little devils. Call for relief

0909 897 9333



COLLEGE GIRLS 18+ YEAR OLD CUTIES

Looking for really horny guys of any age to fill their recreation time. So willing and eager to please you and turn you on like crazy! All guys needed urgently for the ultimate get off relief anytime of the day xxx Call us now for a great time - and lets play asap xxx

EASY & CHEAP, CALL NOW- 0908 145 0582



HORNY DIVORCE

Very attractive eager women who will always get you turned on. Get off NOW with full adult satisfaction - fancy it?

0908 145 2544



NAUGHTY WIVES

Just hungry for a really dirty wicked time with you. 100% live sexual stimulation when you need it the most! xxx

0908 145 2542



QUICK FIRE GIRLS

Sexy girls who know when its a 1min quickie session. SUPERFAST QUICKIE RELIEF just when you want it xxx

0909 897 0612



40+ FRUSTRATED AND READY

Looking for many partners, any age/size to unleash their total fantasies Its live, horny & cheap!

0909 897 9405



I'LL BLOW UR MIND

Filthy thrills that'll blow your mind. If you want IT live, Call for serious fast relief now & have the best ever 121 - you'll love it! x

0908 145 2543



ONLY JUST 18+

Real hot and up for it! Home alone being naughty Eager & keen to please you right now. Prepare to be totally shocked!

0908 145 2545



RING ME, LISTEN AND GET OFF

Pleasure each other totally live for full & total relief on the cheap. Girls waiting to hear from you

0909 466 7250



HORNY GIRLS

READY AT HOME Bad girls 18* to 75+ do the deed live in private on your phone 121. Call now for ulimate relief x

0908 145 3021



OLD BETTY 62

She loves a good time can you help? its cheap dirty action - you will get addicted. Its amazing how much you'll be turned on!

0908 145 2975



CHEAP AND LIVE

Hot intense cheap adult 121. Like minded ladies in your area craving for deep raw passion in their lives. Call them now x

0909 466 7252



SINGLE & SEXY

Hot alone and ready to give fulfillment superfast! If you want naughty babes, mature ladies, bad chicks or horny wives. Try us x

0908 145 2976

Bored at work or very



NAUGHTY DREAMS **JUST FOR YOU**

Looking for instant relief. call us today for a really back breaking time of sheer lust & banging relief

0908 145 3020



STUDENTS 18* Can you handle these

shocking students who will do anything and everything it takes! Call them over & over again x

0908 145 0578



LUSH & LOCAL

Incredibly filthly skilled local babes ready to take a firm grip. They know just how to handle any thing you've got to give

0908 145 2974



OFFICE JUNIORS

frustrated at home? Give us a call to unleash our naughty thoughts. Get off superfast in secs x

0909 466 7251



DIVORCED & SEXY

Very bad women who will do all you desire. Many horny partners needed urgently for hard play xxx Please call, available 24-7

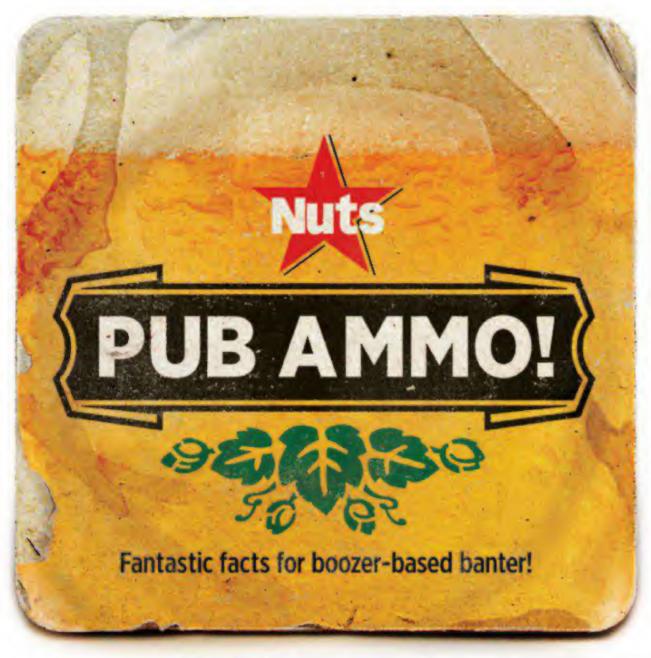
0908 145 0577

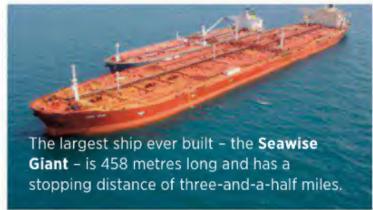


SEXY & PHYSICAL

Easy natured hotties eager to meet guys who love to play rough. They do WHATEVER it takes to get your firm attention

0909 897 9447

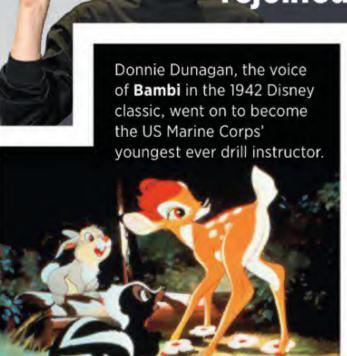




With its machines running at full capacity, the York factory that produces **Polo mints** can make 32,400 a minute.

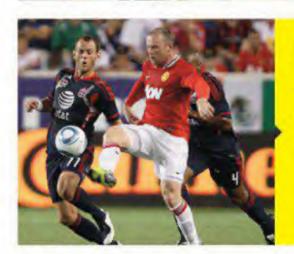
Japanese
businessman
Tsutomu
Yamaguchi
survived both
the Hiroshima
and Nagasaki
atomic
bombs,
despite being
present in
each city on
the day they
were dropped.

The first iPhone was drawn up in 1993 but archived until Steve Jobs rejoined Apple in 1997.



Including this year's Wimbledon Championships, Roger Federer has made it into the last eight of his last 33 Grand Slan tournaments dating to 2004.

In 2006, MI6
hacked an
Al-Qaeda website
and replaced
bomb-making
instructions with
cupcake recipes.



Pub ammo on... the MLS All-Star Game

- The All-Stars have been defeated for three consecutive years – they lost to Everton in 2009, then Man United in 2010 and 2011.
- The first English club to be invited to take on the All-Stars were Fulham in 2005.
- In 2004, the planned game against Real Madrid was postponed as Real failed to
- achieve Champions League qualification automatically.
- The MLS All-Stars take on Chelsea at the PPL Park, Chester, Pennsylvania, at 8.30pm EST on Wed 25 July.





DRINK ICE COLD



See our websites: www.jagermeister.co.uk and www.jagermusic.co.uk
For all UK enquiries www.cellartrends.co.uk
www.facebook.com/jagermeisteruk
100ml of Jagermeister contains 3.5 units of alcohol and 251 calories

